

Oakwood Valley Run/Tennessee Valley – 6 miles



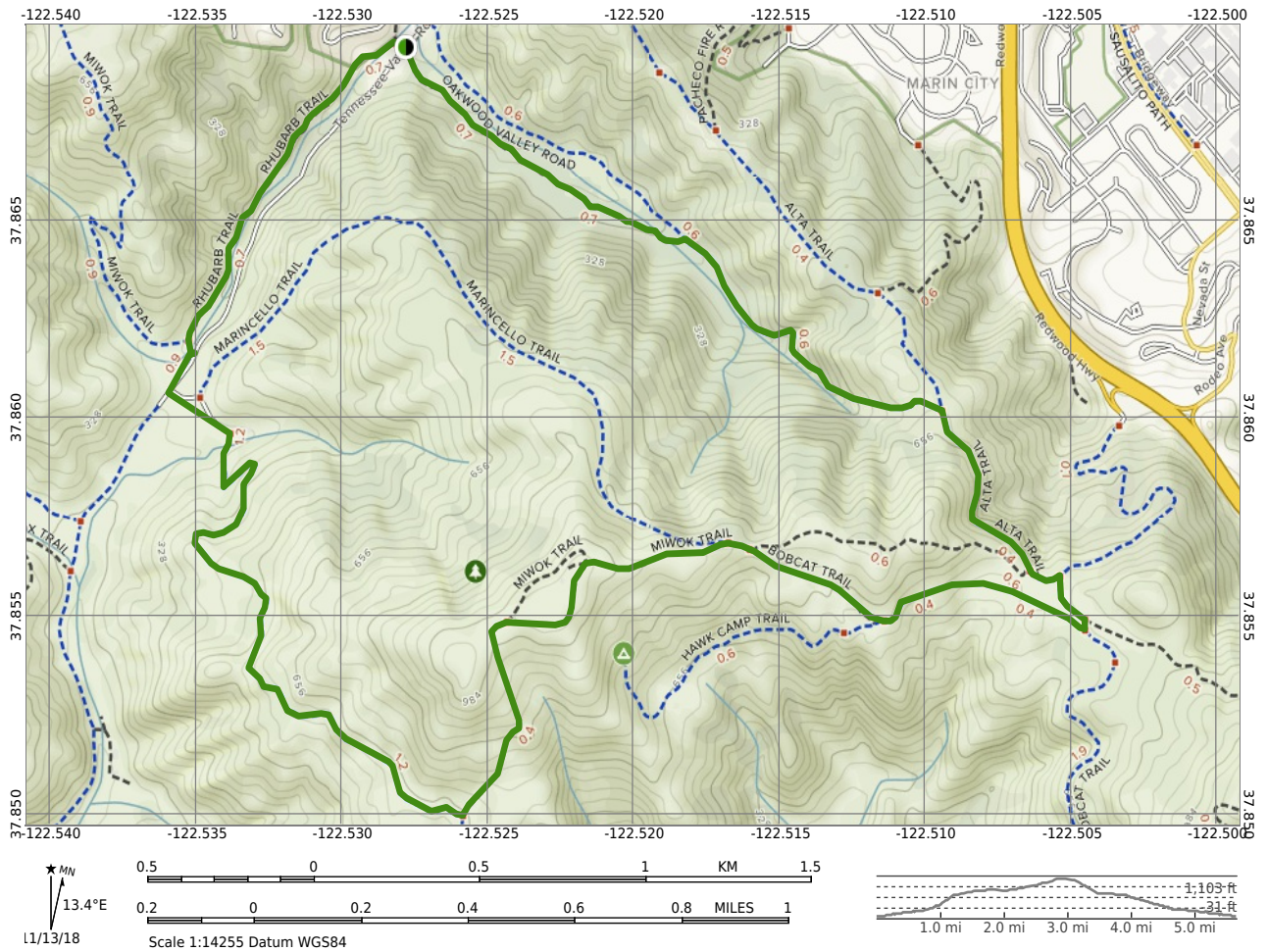
Trail Type: Running/hiking

Terrain – Hilly out and back

Getting There:

From Highway 101

- Take exit 445B for CA-1 toward Mill Valley/Stinson Beach.
- Continue onto CA-1 N passing the Fireside Motel.
- Turn left onto Tennessee Valley Rd and continue on it for about .8 of a mile until you see large wooden Tennessee Valley sign.
- Park here on the side of the road.
- If you end up in a parking lot you have gone too far.



Trail Route

1. Start on the Oakwood Valley trail
2. Take a right on the Alta Trail
 - a. At the top of the first hill, go right on the single-track trail. You will end up on the Alta fire trail. Head right on the fire road toward the bobcat trail.
 - b. At the next junction take a right toward the Bobcat trail .1 miles.
3. Right on Bobcat Trail

- a. Then veer right and take a right on the bobcat trail toward the Marincello trail
4. Left up Miwok Trail
 - a. At the next juncture continue straight up the hill on the Miwok trail going toward Oak Springs trail
5. Go around white fence with FAA tower
6. Take a left to head down the Miwok Trail – steep downhill
7. Right on Old Springs Trail
8. When you reach the horse stables go up to fire road and then left down dirt road to Tennessee Valley Parking lot
9. There is a dirt path (rhubarb trail) on the left of the parking lot that parallels the road back to where cars are parked at the start of the run.